



WAIVER RELEASE FORM

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/ or humidity, traffic, and conditions of the road, all such risks being known and appreciated by me.

Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act of my behalf, waive and release Juniata RiverFEST, the Borough of Lewistown, MCIDC, Granville Township, Juniata River Valley Visitors Bureau, Juniata Valley Area Chamber of Commerce, race officials and volunteers, all sponsors, and their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

Further, I hereby grant full permission to any of the foregoing to use any photo, videotapes, or any record of this event for any legitimate purpose.

Print Name: _____

Signature: _____
(Parent or guardian if under 18)

Date: _____

CELEBRATE AMERICA!

JOIN US FOR AN
ALL DAY 4TH OF JULY
CELEBRATION BY THE
JUNIATA RIVER AT
VICTORY PARK IN
LEWISTOWN, PA!

Saturday
July 2nd, 2011

11am-11pm

ROCKIN

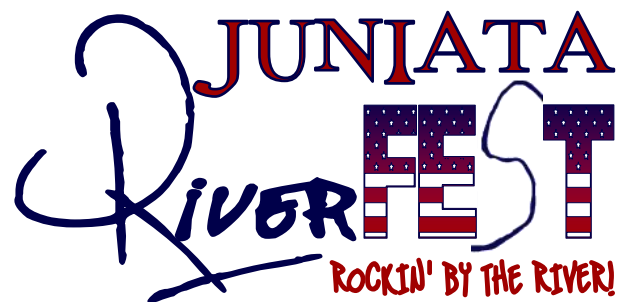
BY THE RIVER!

LIVE MUSIC FROM 12-11PM ON
THE VICTORY PARK STAGE

RAFT REGATTA, COMMUNITY
FLOAT, VENDORS, FOOD, AND
ACTIVITIES.

FIREWORKS!

SATURDAY, JULY 2ND, 2011



RIVER



RAMPAGE

Race Start at MCIDC
Entrance at 9 am!



JUNIATA RIVERFEST 5K RIVER RAMPAGE

The **Juniata River Valley Visitors Bureau** is proud to present the annual **River Rampage 5k**. It is the perfect way to kick off the Juniata RiverFEST festivities! The race begins at 9 am on Saturday, July 2nd. There will be plenty of healthy refreshments for all participants after the race. 2011 River Rampage 5k T-shirts are guaranteed for all pre-registered participants. Race day registration begins at 8 am at the MCIDC Parking Lot .

Show your spirit

Whether it be red, white, and blue attire or an Uncle Sam, Statue of Liberty, or Liberty Bell Costume ~ SHOW YOUR SPIRIT!

Fees

On or before **JUNE 17th: \$12**

After **JUNE 17th: \$15**

Pre-register by June 17th to guarantee your FREE T-shirt! FREE T-shirt to the first 50 on race day.

Awards

Top Male and Female will win Trophy. 1st, 2nd, & 3rd from each age division. **There will be an award for Best Patriotic Costume.**

Age groups

Female: 14 & under, 15-19, 20-29, 30-39, 40-49, 50+

Male: 14 & under, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

Race route

The route is a basic flat and fast course. The course will be escorted and marked.

The race will begin at the entrance of MCIDC and one block to Roundhouse Road, taking a right you follow the road to the crossover then backtrack to MCIDC. The race will end near where it started.

parking

Parking is available in the first lot to the left when entering MCIDC.

Parking for RiverFEST is available on S Main St., Downtown Lewistown Lots & Library. **NO PARKING** at Boat Access or Gravel Lot by Victory Park. Only Handicapped or RiverFEST Authorized Vehicles allowed access with PASS. **Drop-offs can be made at the Gravel Lot.**

For information

John Walters, Race Organizer

Cell #: 717-250-4884

Email: jwalters@burnhambbc.org

For RiverFEST Event Information contact JRVVB at 717-248-6713 or riverfest@juniatarivervalley.org.

Official entry form

Mail completed form and entry fee by JUNE 17th, 2011 to:

RiverFEST Rampage ~ c/o JRVVB
Historic Courthouse
One West Market Street
Lewistown, PA 17044

Make checks payable to: JRVVB

(Please print)

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

PHONE _____

EMAIL _____

AGE ON RACE DAY _____

MALE FEMALE

14 & under 15-19 20-29

30-39 40-49 50-59

60+

T-SHIRT SIZE (adult)

S M L XL

Please sign waiver form on the back